



WHITNEY COMMUNITY CENTER



Summer

PROGRAM CATALOG

JUNE-SEPTEMBER 2024

Neighbors
CONNECTING
With Neighbors

HIGHLIGHTS

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DEMOCRACY / **PAGE 3**

CONTROLLING
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SECOND ANNUAL
PICTURES OF JACKSON
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LOST WHITE MOUNTAIN
SKI AREAS / **PAGE 6**

WELCOME TO THE WHITNEY COMMUNITY CENTER'S SUMMER SESSION CATALOG

OUR PROGRAMS INCLUDE CLASSES,
PRESENTATIONS, EVENTS, SERVICES
AND COMMON GROUND
ACTIVITIES OFFERED BY THE
FRIENDS OF THE
WHITNEY COMMUNITY CENTER.

JOIN MEMBERS OF JACKSON AND
THE SURROUNDING COMMUNITY
WHERE ANYONE CAN TEACH AND
ANYONE CAN LEARN!



photo credit: Doug Jacinto

Summer 2024...

Don't miss the Summer Solstice Celebration!

on Thursday, June 20th highlighted by a family Picnic & Campfire Gathering starting at 5:30 pm at the Whitney Community Center. Watch the Jackson ENews and At the Whitney Email Updates for schedule and latest news and full details.

We have a new website!

To learn more about anything Whitney go to www.whitneyccprograms.com where you'll find details, updates and links to sign up/register for all our community offerings.

To support Jackson families from August 19th-23rd... Summer Camp!

The Friends of the Whitney Community Center will be sponsoring a farewell to summer Summer Camp. Email whitneycommunitycenter@gmail.com for more information.

Send in Your Pictures of Jackson!

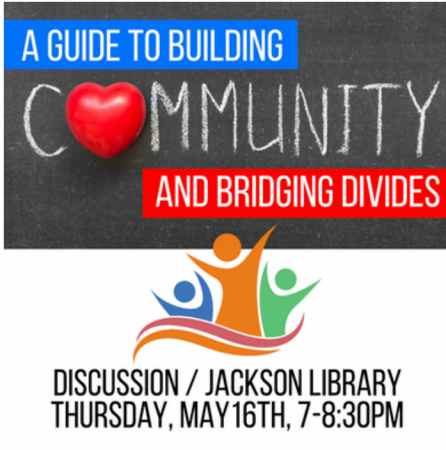
Email digital images to
whitneycommunitycenter@gmail.com
to be included in this year's slide show
presentation. Deadline August 15.

Photo Show August 25th @ 7pm




Digging Into Democracy

From May-October the Jackson Public Library and Whitney Community Center are collaborating on programs and activities that both educate and advocate for civic health, engagement and democracy.



A GUIDE TO BUILDING
COMMUNITY
AND BRIDGING DIVIDES

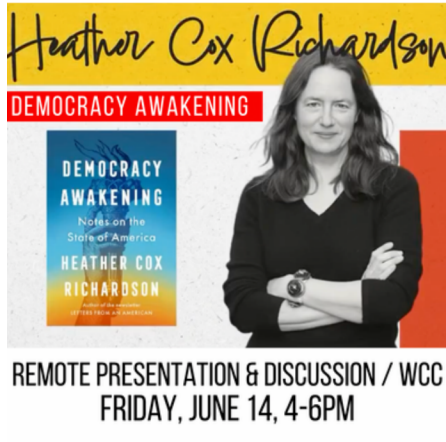


DISCUSSION / JACKSON LIBRARY
THURSDAY, MAY 16TH, 7-8:30PM





PBS VIDEO SCREENING:
THE DECLINE OF DEMOCRACY IS REAL.
**DISMANTLING
DEMOCRACY**
IS THERE ANYTHING WE CAN DO ABOUT IT?


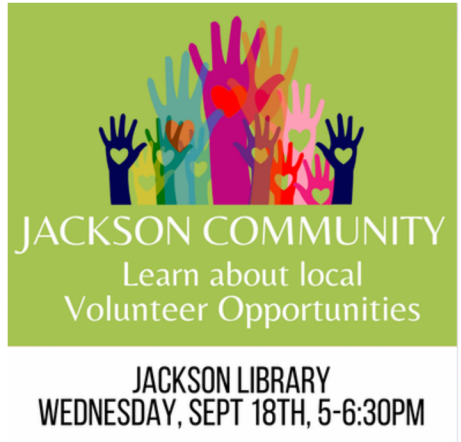
VIEWING & DISCUSSION / WCC
WEDNESDAY, AUG 14TH, 7-8:30PM



Heather Cox Richardson
DEMOCRACY AWAKENING



REMOTE PRESENTATION & DISCUSSION / WCC
FRIDAY, JUNE 14, 4-6PM



JACKSON COMMUNITY
Learn about local
Volunteer Opportunities

JACKSON LIBRARY
WEDNESDAY, SEPT 18TH, 5-6:30PM

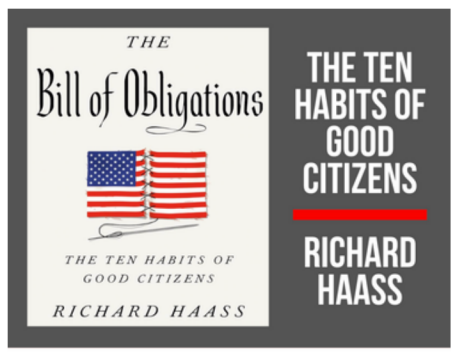


NAVIGATING
DIFFICULT
DISCUSSIONS




Join counselor Julia King Tamang to
learn how to communicate your beliefs with
people who may not agree with you

WORKSHOP / JACKSON LIBRARY
WEDNESDAY, JULY 17TH, 5-6:30PM



THE
Bill of Obligations



THE TEN HABITS OF
GOOD CITIZENS
RICHARD HAASS

THE TEN
HABITS OF
GOOD
CITIZENS
RICHARD
HAASS

BOOK DISCUSSION / WCC
TUESDAY, OCT 22, 7-8:30PM

HOW TO PLAY BOCCE



Bocce is the third most popular sport in the world, after soccer and golf. Gather with others interested in understanding the game and learn the rules, regulations and fundamentals. Then test your new knowledge and get additional tips by playing a game of Bocce. You will now be ready to informally play Bocce with friends, or even join with other Bocce enthusiasts in a Bocce league.

This program is taught by Tony Simone, a Bocce enthusiast and organizer of the Bocce Program at McSheffrey's Up North – The Club at the Christmas Mountain in Glen.

Friday, July 12th / 9am-11am

(Raindate Saturday July 13th)

FREE / Limit 18 Sign-up Required

McSheffrey's Up North – The Club at Christmas Mountain Club in Glen

LEARN TO SEW A BURRITO PILLOWCASE

This beginner sewing program teaches you an easy method to make a great pillowcase. Some sewing experience would be helpful but is not necessary. Burrito pillowcases have been made for years and are a very popular project to make for yourself, family and friends. Printed instructions, fabric kits, and thread will be supplied and you will have the option to choose a size - twin, queen, king.

This program is taught by Joanne Noren, who has been sewing for too many years to mention.

Sunday, July 14th / 1:30-4:30pm

Price: \$20 / Limit 8

Whitney Community Center



INTRODUCTION TO BUDDHISM: Wild and Woolly Awakening

From the 7th century onwards, Buddhism—a spiritual path whose aim is the cultivation of wisdom and compassion—made its way from India to Tibet, gradually integrating the customs and perspectives of the local culture, and the indigenous tradition that preceded it. Using the principle that “the wound in your heart is where the light comes through”. Tibetan Buddhists use life’s challenges to find a way to clarity, ease and joy. All questions welcome. Bring a sense of humor for this lively class.

This program is taught by Julia King Tamang, Resident Teacher for a Buddhist meditation community in Portland, Oregon.

Monday, July 22nd / 7-8:30pm

FREE / No Limit

Whitney Community Center



HOW TO CONTROL INVASIVE PLANTS



Invasive plants can reproduce rapidly and spread quickly, taking space, nutrients, water, and light from other plants. If uncontrolled, they can damage landscapes, streams, and infrastructure. Learn about New Hampshire invasive plants and strategies you can use to stop invasive plants from growing.

This program is taught by the Jackson Conservation Commission.

Thursday, July 25th / 7-8pm

FREE / No Limit

Whitney Community Center

LEARN TO PLAY MAH JONGG



Mah Jongg uses a set of tiles that depict dots, sticks of bamboo, Chinese characters, winds of four cardinal directions, dragons, flowers, and seasons. Learn to play this matching game with a simple set of rules: the goal of the game is to remove all tiles from play by matching identical pairs. This program is for beginners or people with limited Mah Jongg experience.

This program is taught by Jackie Hamblet and a group of other Mah Jongg longtime players.

Tuesdays August 6, 13, 20 & 27th

6:30pm-8pm

PRICE \$20 (4 sessions/includes 2024 Mah Jongg Card) / Limit 12

Whitney Community Center



SCRABBLE NIGHT

At some time in your life, you played Scrabble. Possibly you continue to play or miss playing? Join other Scrabble enthusiasts for a fun chance to test your skills and enjoy friendly competition. You will play one-on-one matches and yes there will be a winner and a prize!

This program is hosted by the Friends of the Whitney Community Center.

Monday, July 29th / 6:30-8:30pm

FREE / Limit 20 Sign-up Required

Whitney Community Center



CROQUET FOR FUN

Today, as many as 10,000 people play croquet. The object of association croquet is to advance the balls around the lawn by hitting them with a mallet, scoring a point for each hoop made in the correct order and direction. Learn the rules of association croquet and then have fun playing a game.

This program is taught by Melinda Foley-Marsello who is looking to finding others interested in playing croquet.

Friday, August 9th / 4-5:30pm

FREE / Limit 12 Sign-up Required

Whitney Community Center

MAKING SPANAKOPITA



Some say spanakopita can be traced back at least 400 years in Greece. Learn the skills and techniques to make spanakopita, a savory stuffed pie. You will understand how to delicately use filo pastry, how to prepare the most scrumptious filling, and how to successfully serve your very own spanakopita.

This program is taught by John Heropoulos and his husband Rich Crook, who both love to cook and tell tales of Greece.

Wednesday, August 21st / 6-8pm

Price \$20 / Limit 12

Whitney Community Center

PICTURES OF JACKSON



2nd Annual Photography Show

Last year's Pictures of Jackson Photography Show was a big hit; thanks to all the amazing photos we received. Jackson's beauty and charm are evident throughout the year. Many of us capture what makes Jackson unique in the photos we take. What better way to celebrate Jackson, then with a Jackson Photography Show slide show. Send your favorite Jackson photos to whitneycommunitycenter@gmail.com by August 15th and we will include your photo(s) during the Jackson Photography Show slide show.

This program is hosted by the Friends of the Whitney Community Center.

Sunday, August 25th / 7pm-8:30pm

FREE / No Limit

Whitney Community Center

THRIVING IN PLACE AS WE AGE



As we age, we have increased concerns about safety, getting around, health, finances, and a multitude of daily activities. Learn techniques and best practices for aging in place, including being introduced to an array of resources. Be proactive about remaining in your home.

This program is taught by Dr. Marianne Jackson, a past Executive Director of The Gibson Center for Senior Services, Inc. and now a member of the Board of Directors.

Thursday, August 29th / 4:30-6pm

FREE / No Limit

Whitney Community Center

LOST WHITE MT SKI AREAS with Jeremy K. Davis



The White Mountains are world-renowned for the array of skiing opportunities offered. But scattered throughout this region are long-forgotten ski areas that can still be found. In the White Mountains alone, 60 ski areas have closed since the 1930s. Join author Jeremy Davis who has compiled rare photographs, maps and personal memories to ensure these beloved ski outposts that have been cherished by generations of skiers are given recognition for transforming the White Mountains into a premier ski destination.

This program is presented by author Jeremy K. Davis, At the conclusion there will be a book signing on all Davis' Lost Ski Areas books.

Saturday, Sept 7th / 7-8:30pm

FREE / No Limit

Whitney Community Center



WHITE MOUNTAIN PUZZLES TOURNAMENT

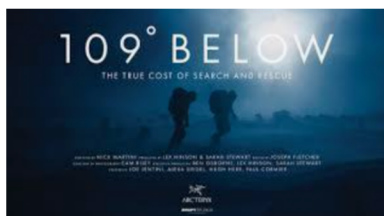
Our Second Annual White Mountain Puzzles Tournament. Put together a team of no more than four and you will have 90 minutes to complete a 500 piece puzzle. The first team finished or with the least number remaining pieces after 90 minutes will be the winner and will win a grand prize.

This program is hosted by White Mountain Puzzles and The Friends of the WCC.

Thursday, Sept. 12th / 7-8:30pm

Price \$10 per Team / Limit 10 Teams

Whitney Community Center



109 BELOW - A LIFE IN THE MOUNTAINS

A tale of resilience and grit, the short documentary, 109 BELOW, traces the aftermath of an attempted rescue on Mount Washington in 1982. How it changed not only the course of two climbers lives, but also the lives of their rescuers.

This program is presented by Joe Lentini, a full-time, year-round professional climbing guide and a member and team leader of the New Hampshire Rescue Service.

Thursday, September 19th / 7-8pm

FREE / No Limit

Whitney Community Center

NEIL YOUNG LISTENING PARTY



Over the course of his nearly six-decade career, Young has created an impressive musical catalog of over 1,180 songs. Gather with other Neil Young fans to listen to and discuss six songs from Young's career.

This program is hosted by the Friends of the Whitney Community Center.

Monday Sept. 23rd / 7-8:30pm

FREE / No Limit

Whitney Community Center

HOME HEATING WITH WOOD PELLET & FIREWOOD BOILERS



Biomass-fueled boilers offer an attractive alternative to the oil and propane heating systems traditionally used in our New England homes. These biomass systems offer homeowners a way to heat with renewable and locally sourced fuels while maintaining the convenience of fossil-fueled systems. This photo/video presentation explores both firewood and pellet boilers, and the system components used in biomass heating systems.

This program is presented by Chris Bridge, a retired electrical engineer.

Thursday, Sept. 26th / 7-8pm

FREE / No Limit

Whitney Community Center



ELECTRIC CAR DRIVE-IN

National Drive Electric Week, September 27-October 6, is a nationwide celebration to raise awareness of the many benefits of all-electric and plug-in hybrid cars, trucks, motorcycles and more. Do you drive electric? Are you considering going electric? Join all-electric and plug-in hybrid drivers to share experiences, tips, and of course, stories.

This program is hosted by the Mount Washington Valley Climate Change Working Group.

Saturday, Sept 28th / 10am-1pm

FREE / No Limit

Red Fox Bar & Grill Parking Lot

All programs sponsored by
The Friends of The
Whitney Community Center

QUESTIONS? email us at:
whitneycommunitycenter@gmail.com

Follow us on **INSTAGRAM/FACEBOOK**
and check **JACKSON E-NEWS** for updates!



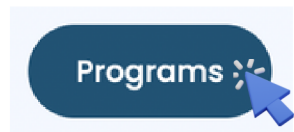
Help Wanted!

We're always looking for great programming ideas and teachers. of particular interest are teachers for: Crafts, Cooking, Travel Talks, Children's programs and Outdoor Activities. If you have an idea for a program or are interested in teaching, please contact us at: whitneycommunitycenter@gmail.com.

REGISTER ONLINE FOR ALL WCC PROGRAMS:

On Our New Website:
whitneyccprograms.com

There you will find a digital copy of this program catalog along with sign up information for all WCC programs. Click the programs button for sign-up links!



Cancellation Policy: Fee-based programs may be canceled if the program does not meet minimum enrollment. A full refund will be issued to people who register for a fee-based program that is canceled. To drop from a fee-based program and get a full refund please contact whitneycommunitycenter@gmail.com three days prior to the start date of the program.

Liability Waiver: In registering for and/or attending a Friends of The Whitney Community Center Program you agree you are familiar with and understand the inherent risks in attending, and you assume all the risks of injury and loss arising from your participation, here by releasing and holding harmless the Whitney Community Center and its agents from liability for any such injury or loss.