# APRIL-JUNE 2025 Spring program catalog

Neighbors **CONNECTING** With Neighbors HIGHLIGHTS

COMMUNITY SING-ALONG WITH DA CAPO / **PAGE 3** 

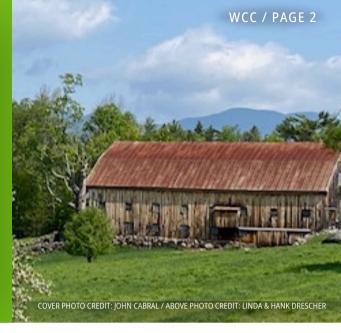
FLY TYING & FLY-FISHING / **PAGE 5** 

SEARCHING FOR ANSWERS: NH FORENSICS / **PAGE 6** 

MAGIC WORKSHOP / PAGE 7 WELCOME TO THE WHITNEY COMMUNITY CENTER'S SPRING PROGRAM CATALOG

OUR PROGRAMS INCLUDE CLASSES, PRESENTATIONS, EVENTS, SERVICES AND COMMON GROUND ACTIVITIES OFFERED BY THE FRIENDS OF THE WHITNEY COMMUNITY CENTER.

JOIN MEMBERS OF JACKSON AND THE SURROUNDING COMMUNITY WHERE ANYONE CAN TEACH AND ANYONE CAN LEARN!





#### Use & Bookmark our Website: Go to <u>www.whitneyccprograms.com</u> to sign-up/register for all programs.

"At the Whitney" updates by email: Would you like to receive updates on our upcoming programs? Please email us at whitneycommunitycenter@gmail.com to be added to the email list. You'll find details, updates and easy links to sign up/register for all our community offerings.

**Whitney Community Center Spin-Offs:** WCC programs are generating spin-off groups such as our BYOC (Bring Your Own Crafts) and Cribbage Gatherings. For more information on either of these gatherings email whitneycommunitycenter@gmail.com.

# <u>jxncpc.com</u>



Jackson Community Church, Jackson Historical Society, Jackson Public Library, Jackson Ski Touring Foundation, Tin Mountain Conservation Center The Upper Saco Valley Land Trust & Whitney Community Center

#### The new Jackson Community Programming Calendar is online!

A collaboration between Jackson, New Hampshire nonprofit organizations to provide Jackson and surrounding community residents and visitors a one-stop calendar with all community programming.

## **Community Sing-Along with Da Capo**

Gather with members of Da Capo for a social gathering of community singing and tasty treats. Join community members of all ages and singing abilities and collectively sing popular songs in a relaxed, inclusive environment where anyone can participate.

Sunday, May 4th / 4-5:30 pm / FREE / No Limit / Whitney Community Center

## **MWV Storytelling Gathering**

Head on down to the Pro Tune Tap Room and listen to stories shared by local storytellers. Take this opportunity to understand and connect with others and learn more about MWV and the world. If you have a story you want to tell, let us know, and we will schedule you for a time slot. This program is hosted by Jane O'Brien, a former BBC correspondent and presenter.

Thursday, May 22nd / 6-8 pm / FREE / No Limit / Pro Tune -78 US-302, Glen, NH

# Jackson Murder Mystery Dinner

Whodunnit??? Gather at the Whitney Community Center and enjoy a meal and solve a murder. This interactive evening engages dinner guests to work together to identify the culprit by analyzing information and interrogating other suspects. Play detective, enjoy a meal, and have fun with old friends and meet new people.

Saturday, May 31st / 5:30-9 pm / \$45 each (includes dinner) / Limit 50 / WCC

## **3rd Annual Summer Solstice Celebration June 20th**

Celebrate the longest day of the year with two community events:

Children's Summer Solstice Program at the Jackson Public Library. Have fun exploring what the summer solstice is all about. 11am – 12 noon / FREE / No Limit

Family Summer Solstice Circus at the Whitney Community Center. Enjoy the one-of-a-kind Summer Solstice Silver Circus featuring spectacular magic, juggling, physical comedy, and audience participation. 6-8 pm / FREE / No Limit

Both events held rain or shine on Friday, June 20th

#### CREATE A PAINTING WITH MONO-PRINTING



Monoprinting is a printmaking technique that produces a unique one-of-a-kind image. You will paint onto plexiglass and then transfer the painted image onto paper. This technique needs imagination and an experimental attitude.

This program is taught by Lauren Webber, a practicing artist for over 20 years with a BFA from the Rhode Island School of Design.

Wednesday, April 2nd / 5:30-8 pm

PRICE \$30 (supplies included) / Limit 15

Whitney Community Center

#### MAKE A HAND-BUILT CLAY POT



Learn how to use your hands to pull, pinch, roll, cut and build up in layers to form a pot. Included in this three-session program will be decorating your pot and at the end you will have a pot you can use as a container and/or for display.

This program is taught by Jenn Hayes of Mountain Ridge Pottery who specializes in making functional pieces for home or business.

Thursday, April 10th,17th & 24th / 6-8 pm

PRICE \$30 (supplies included) / Limit 10

Whitney Community Center



#### SPICE UP YOUR LIFE WITH VEGETARIAN COOKING

Discover delicious new recipes, explore meatless substitutes, and expand your cooking skills! Whether you're trying a new dish, learning about sheet pan cooking, or embracing Meatless Monday, this program is perfect for anyone looking to add more plant-based meals to their routine.

This program is taught by Anjali Rose, who has been planning, cooking and eating vegetarian meals for years.

Tuesday, April 15th / 5:30-7:30 pm

PRICE \$20 (supplies included) / Limit 10

Jackson Community Church

AN EVENING OF COUNTRY LINE DANCING



Back by popular demand! Country line dancing is not couple dancing and is characterized by a line formation of dancers moving in synchrony, following a sequence of choreographed steps and movements. Whether you already line dance or want to learn how, this evening of dancing is perfect for you.

This program is taught by Dotti Aiello, the Mount Washington Valley's premiere country line dancing teacher.

Thursday, April 24th / 6-7:30 pm

FREE / No Limit

#### BICYCLE MAINTENANCE WITH PRO TUNE



John F. Kennedy once said, "Nothing compares to the simple pleasure of riding a bike." Whether you have a traditional bicycle or e-bike, in this hands-on program learn the essential skills needed to properly maintain your bicycle including basic repairs, tire changes, chain lubrication, brake adjustments, safety checks, and more.

Pro Tune is the only dedicated bicycle service shop in our region with professional mechanics who fix what others can't.

Tuesday, April 29th / 6-8 pm

PRICE \$10 / Limit 15

Whitney Community Center





Fly-fishing is not just about catching fish; it's about immersing yourself in the symphony of nature's beauty. From 6-7 pm learn how to manually create artificial flies with various materials and from 7-8 pm discover Mount Washington Valley's secret brook trout fly-fishing waters which are as varied as the Valley's landscape.

This program is taught and presented by Steve Angers from North Country Angler with over 50 years of fly-fishing experience.

Thursday, May 1st / 6-8 pm

FREE / No Limit

Whitney Community Center



#### **QPR GATEKEEPER TRAINING**

A caring community can and should provide support for community members who are dealing with crisis. Learn how to QPR (Question, Persuade and Refer) someone who may be suffering from mental health challenges, substance use, or other stressors. Understand the warming signs, risks and protective factors that could lead to suicidal behavior. Discover strategies and best practices for getting help for someone in need.

This program is taught by Alexandra Baer, a QPR Certified trainer, who has provided QPR Gatekeeper Training across New Hampshire.

Friday, May 9th / 9am – 12noon

FREE / Limit 30

Whitney Community Center

#### INTRO TO QUAKERISM



You may have heard about Quakers, the Religious Society of Friends, sitting in silence, waiting for a message from the Holy Spirit. Quakers believe in the equality of all persons because of the conviction that every individual possesses an "inner light". Learn Quaker history, how Quakers worship, and how Quakers live their lives.

This program is presented by the New England Yearly Meeting of Friends.

Monday, May 12th / 7-8:30 pm

FREE / No Limit

#### SEARCHING FOR ANSWERS: NH FORENSICS



Learn about NH historic and forensic cases and how anthropologists can help identify decedents and the work being done by the UNH Forensic Anthropology and Recovery (FAIR) Lab. Find out information about different case types (e.g., historic, modern, Native, anatomical) and how FAIR approaches the work of analyzing the skeleton differently depending on case circumstances.

This program is presented by Dr. Amy Michael, Co-Director of UNH's FAIR.

Wednesday, May 14th / 7-8 pm

FREE / No Limit

Whitney Community Center



#### MAKING ZIPPER BAGS

Learn the essential techniques to sew functional zippered pouches or small bags, including selecting appropriate fabrics and zippers, properly attaching zippers to fabric and other finishing details. Suitable for beginners with basic sewing skills who want to learn to make their own useful accessories.

This program is taught by Ann Baker who has been teaching teens and adults how to sew for over 20 years.

Saturday, May17th /10 am-1 pm

PRICE \$20 (supplies included) / Limit 8

Whitney Community Center



#### NEEDLE FELTED BUTTERFLIES, MOTHS & DRAGONFLIES

Using barbed needles, wool roving, and shaping tools like cookie cutters or pattern cutouts, learn how to needle felt colorful butterflies, moths and dragonflies. Your creation can be made into a brooch, hanging window decoration, or a mobile. Beginners to needle felting welcome.

This program is taught by Kathy Seymour, an animal and needle felting enthusiast.

Thursday, May 29th / 6-8 pm

PRICE \$20 (supplies included) / Limit 10

Jackson Community Church

#### DEVELOPING A YOGA PRACTICE FOR ACTIVE AGING ADULTS



Explore the fundamentals of yoga to enhance strength, flexibility, and balance and reduce stress – no matter your age, activity level, or favorite outdoor pursuit. Join us for a hands-on session introducing yoga poses designed to support health and vitality as you age. You'll learn practical, accessible techniques to build a safe, sustainable yoga practice while nurturing both mind and body.

This program is taught by Anjali Rose, one of Mount Washington Valley's best known yoga teachers.

Thursday, June 5th / 5:30-7:30 pm

PRICE \$25 / Limit 15



Learn how to explore the beautiful Jackson night sky and discover the wonders of your night through stargazing. Understand the fundamentals of stargazing, including how to choose binoculars, telescopes, and accessories. Discover the basics of the science behind the objects you see in the sky and how to choose your next stargazing adventure.

This program is presented by Dan Noren, amateur astronomer and cosmologist, former STEM teacher and Program Manager at the Boston Museum of Science.

Wednesday, June 11th / 7-8:30 pm

FREE / No Limit

101

Whitney Community Center

#### MAGIC WORKSHOP: AGES 9 & UP



Explore the subtle art of magic and the basics of sleight of hand, mentalism, misdirection, and of course, presentation. Gain hands-on experience by practicing magic techniques with cards, coins, rubber bands, and many other common household items. You will understand how to make an object disappear and reappear, predict what choices you will make, and even be able to read minds.

This program is taught by Maine's professional variety artist Andrew Silver.

#### Friday, June 20th / 4-5 pm

PRICE \$10 / Limit 20

Whitney Community Center



Miyuki beads are Japanese glass beads which are flat and square. Each bead has two parallel holes running through the center. Learn to make a Miyuki bead bracelet that lies softly and flat along your wrist. You will have a choice of colors, finishes, coatings, and bead sizes so you can create your own pattern and design.

This program is taught by Daphne LeMay of Balance Malas.

Thursday, June 19th / 6-8 pm

PRICE \$25 (supplies included) / Limit 10

Whitney Community Center



Would you like to find your artistic voice? Charcoal drawing is a fun way to explore your creative talents. You will learn the different techniques that you can use with charcoal. By the end of the program, you will have several drawings that you will be proud to display in your home.

This program is taught by Lauren Webber, a practicing artist for over 20 years with a BFA from the Rhode Island School of Design.

Tuesday, June 24th /5:30-8 pm

PRICE \$20 (supplies included) / Limit 20

# FRIENDS OF THE JACKSON PUBLIC LIBRARY ANNUAL BOOGAN BOOGAN SALE



SATURDAY & SUNDAY MAY 24-25TH 9AM-3PM

# BARGAIN BOOKS PUZZLES & DVD'S

AT THE WHITNEY COMMUNITY CENTER

# Have a Talent?

Share your Interests! We're always looking for great programming ideas and teachers. Let us know what you know. Of particular interest are teachers for: Crafts, Cooking, Travel Talks, Children's Programs and Outdoor Activities. If you have an idea for a program or are interested in teaching, please contact us at: whitneycommunitycenter @gmail.com.

# HOW TO REGISTER /SIGN-UP FOR ALL WCC PROGRAMS:

## *Use Our Website* whitneyccprograms.com

There you will find a digital copy of this program catalog along with sign-up information for all WCC programs. Click the programs button for sign-up links!



**Cancellation Policy:** Fee-based programs may be canceled if the program does not meet minimum enrollment. A full refund will be issued to people who register for a fee-based program that is canceled. To drop from a fee-based program and get a full refund please contact whitneycommunitycenter@gmail.com three days prior to the start date of the program.

Liability Waiver: In registering for and/or attending a Friends of The Whitney Community Center Program you agree you are familiar with and understand the inherent risks in attending, and you assume all the risks of injury and loss arising from your participation, here by releasing and holding harmless the Whitney Community Center and its agents from liability for any such injury or loss.